



Robertson, A., & Standley, J. M. (2022). Evidence-Based Music Therapy: Clinical Practice. De La Vista Publisher. ISBN: 978-1-7348976-2-3. 195 Pages. Cost: \$39.99. <http://musictherapy.biz/de-la-vista-publisher/>

Evidence-Based Music Therapy: Clinical Practice is the brand new, fully interactive, and beautifully designed eBook by Drs. Amy Robertson and Jayne Standley. This clinical practice guide gives an in-depth overview of data-based music therapy models with a wide variety of populations. At 195 pages, this book is filled to the brim with resources that makes it a useful text for students, entry-level professionals, related professions and educators, and those starting a clinical program from the ground up. The interactive format makes the book even more invaluable with links to a webinar, PDF copies of session plans, clickable DOI reference links on most articles, multi-page assessment and data collection forms, and many embedded case study videos.

Readers of *imagine* looking for early-childhood related content will find most use in the first half of the book with nearly 100 pages of content directly related to special education and medical populations. The seven chapters are split into broad clinical settings with twenty-two specific populations highlighted across the text. Each chapter contains numerous case studies with specific domains, associated goals and objectives, recommended readings and citations, music therapy treatment tips, and a fully outlined sample session plan

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(also available for individual download) with specific notes to increase therapeutic effectiveness. The wealth of sample materials within chapters also makes for a great introduction to a variety of populations.

As this book is slanted towards individuals operating from various data-based models, there is not as much emphasis on the musical materials including sheet music or diagrams. Those from approaches that primarily orient around *music as therapy* will likely not find as much use from this text. Similarly, as the text is built upon previous research, there is not much that is exceptionally novel or experimental, but rather tested, tried and true experiences that make this an excellent field companion to many regularly addressed populations. This greatest hits of materials and session plans would make a great addition to any [e]bookshelf!

Disclaimer & disclosure of relationship: I received an advanced copy of this text in order to review the book prior to publication. The author of this review received no payment or restrictions for this review.

About the Author

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